



Calendar of Activities, 2025

St. Pauls' Family Life Ministry



Theme

Strengthening Faith in families through Small Christian Communities as Pilgrims of Hope

Mission:

That our families may exceedingly thrive based on Christian values in the Parish & beyond.

Vision:

A value based family Institution that is recognised, supported, promoted and considered as the basic unit of a sustainable society.



MARRIAGE ENCOUNTER NAIROBI SCHEDULE

ACTIVITY	VENUE	DATE	COST
1st original weekend	Non Residential	7th- 9th Feb	TBA
World Marriage day	All parishes	9th February	APP
2nd Original weekend	St Francis spiritual Centre Kasarani	11th- 13th April	12,000
ADN couples Mass	Holy Family Basilica	10th May	TBA
Act of Mercy	All Parishes (chose their day)	10th -24th May	TBA
3rd Original weekend	Non Residential	6th- 8th June	TBA
Archdiocese Family Day	St Marys Msongari	9th August	Nil
4th Original weekend	St Francis spiritual Centre Kasarani	8th - 10th August	12,000
National Prayer Day	Subukia Shrine	9th October	
World Priest Day	All Parishes	26th October	Nil
5th Original weekend	St Francis Spiritual Centre Kasarani	7th- 9th Nov	12,000
ADN couples dinner	TBA	28th Nov	TBA
Holy Family Sunday	All Dioceses & Parishes	28th Dec	Nil

COUPLES ENRICHMENT FORUM

ACTIVITY	VENUE	DATE	COST
Consultations - 2024 Program review	Online meeting	10th January	Nil
World Marriage day Dinner	St. Pauls University chapel	14th February	TBA
1st Talks for couples	St. Pauls University chapel	13th Feb- 6th April	Nil
Marriage Accompaniment Sessions	St. Pauls University chapel	5th April	TBA
Pilgrims of Hope (Blessed door entry)	TBA led by Parish	April	TBA
2nd Talks for couples	St. Pauls University chapel	12th June - 31st Jul	Nil
Marriage Accompaniment Sessions	St. Pauls University chapel	2nd August	TBA
3rd Talks for couples	St. Pauls University chapel	11th Sept -30th Oct	Nil
Marriage Accompaniment Sessions	St. Pauls University chapel	1st Nov	TBA
** Marriage & Family life online sessions	Online	Last Friday every month	Nil
** ME Promotional Talk	Church (All Masses)	Days of Mass animation	Nil
** ME cell meetings	Host couples home	Quartely	Nil

The above activities shall be conducted through participation of all Family Life Ministry members drawn from St. Pauls' Couples Enrichment Forum, Marriage Encounter cell, and all general parish members who so desire belong and walk with others.

Note: TBA - To be announced/Agreed

APP - As per Parish

TALKS FOR COUPLES PREPARING TO WED

This is a program for couples preparing to get married in the year 2025. The talks have Eight broad topics facilitated by our Parish Priests and Marriage Encountered couples from our/other parishes who undertake similar programs. The session shall be physical as well as online depending on the facilitating couple/Priest.

1st SESSION

TOPIC	SPEAKER	Date
1. Love and Courtship	by Sakwas,	13th Feb, 2025
2. The sacrament of marriage	by Fr. Wamuti	20th Feb, 2025
3. Communication in Marriage	by Otienos	27th Feb, 2025
4. Dialogue, Intimacy & Sex in Marriage	by Sakwas'	6th Mar, 2025
5. Family planning	by Mainas'	13th Mar, 2025
6. Marriage in today's world	by Thigas'	20th Mar, 2025
7. Handling Finances in Marriage	by Njoroges'	27th Mar, 2025
8. Parenting in the 21st Century	by Kairarias'	3rd April, 2025

2nd SESSION

TOPIC	SPEAKER	Date
1. Love and Courtship	by Otienos'	12th June, 2025
2. The sacrament of marriage	by Fr. Kaigua	19th June, 2025
3. Communication in Marriage	by Otienos'	26th June, 2025
4. Dialogue, Intimacy & Sex in Marriage	by Sakwas'	3rd Jul, 2025
5. Family planning	by Mainas'	10th July, 2025
6. Marriage in today's world	by Thigas'	17th July, 2025
7. Handling Finances in Marriage	by Njoroges'	24th July, 2025
8. Parenting in the 21st Century	by Kairarias'	31st Jul 2025

3rd SESSION

TOPIC	SPEAKER	Date
1. Love and Courtship	by Sakwas'	11th Sept, 2025
2. The sacrament of marriage	by Fr. Wamuti	18th Sept, 2025
3. Communication in Marriage	by Otienos'	25th Sept, 2025
4. Dialogue, Intimacy & Sex in Marriage	by Sakwas'	2nd Oct, 2025
5. Family planning	by Mainas'	9th Oct, 2025
6. Marriage in today's world	by Thigas'	16th Oct, 2025
7. Handling Finances in Marriage	by Njoroges'	23rd Oct, 2025
8. Parenting in the 21st Century	by Kairarias'	30th Oct, 2025

Prepared by St Pauls' Marriage & Family Ministry.

January, 2025